



Making Safeguarding Personal

What good person-centred adult safeguarding practice looks like in Birmingham

Easy Read



**BIRMINGHAM
SAFEGUARDING
ADULTS BOARD**

Safeguarding means:

Protecting an adult's right to live in safety, free from abuse and neglect.



Birmingham Safeguarding Adults Board is a group that works together.



We support adults who may be most at risk of potential harm.



Every adult life is different.



We know that people with care and support needs may be more at risk of abuse or neglect.



We work in many places, with adults of all ages, whose situations are all very different.



We deliver our safeguarding responsibilities in many different ways.



In Birmingham we are committed to supporting adults on their own terms.



We want to support in a way that works for every person.



This is what we mean by 'Making Safeguarding Personal'.



This leaflet tells you what we think are the basic best practice standards for 'Making Safeguarding Personal'.



When we think about if we are 'doing it right', these standards are what will measure ourselves by.

Hearing the person.



We give a person time and space to talk.



We listen to them.



We believe what they tell us.



We make sure they do not have to repeat the same things to different people.



We hear what are the most important things to them.



We hear whether they want help from us.



We hear what they think that help might look like.

Respecting the person's choices.



We support a person to make their own choices and decisions.



We give them as much information as possible to make their own choices.



We respect their choices.



We respect their values.



We do not judge the person for their choices.



We do not punish the person for their choices.



We do not judge or punish the person for the things they tell us.



We support the person to be as safe as they want to be.

Understanding the person.



We communicate with the person in a way they understand.



We will not use jargon.



We will find out what matters most to them, and why.



We will work to understand their culture, background and community.



We are curious because we care about what happens to them.



We do not want to take control of their life.



We try to understand who they feel they can trust.



We want to keep people they trust around them.

Being honest with the person.



We will be honest about worries we have.



We discuss our concerns before doing anything.



We tell them about who is doing what, and why.



We are honest if we have to do something against their wishes.



We are honest if we have to do something they may not expect.



We do not share anything without getting consent first.



When we do share information we tell them:



Who we are sharing it with.



Why we are sharing it.

For more information go to:



www.bsab.org



@BrumSAB

Report a concern:

<https://www.birmingham.gov.uk/reportabuseorneglect>



Twitter: @BrumSAB



YouTube: <http://bit.ly/2tsEKt4>



Website: www.bsab.org



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